

MCCORMICK YMCA LAP POOL AQUATICS SCHEDULE

February 1 - March 31, 2025

Schedule for April 1 - June 15, 2025 will be available March 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap	6a-10:30a (4)	6a-2p (4)	6a-2p (4)	6a-2p (4)	6a-2p (4)	7-9a (4)	7-9a (4)
Swim	10:30a-12p (3) 12p-2p (4) 4p-4:30p (4) 4:30p-7:45p (2)	4p-4:30p (4) 4:30p-5p (2) 5p-7:45p (1) 7:45p-8:45p (4)	4p-4:30p (4) 4:30p-6:30p (1) 6:30p-7p (3) 7p-8:45p (4)	4p-5p (4) 5p-6:30p (3) 6:30p-7:45p (1) 7:45p-8:45p (4)	4p-8:45p (4)	9a-12p (3) 12-4:45p (4)	9a-12p (3) 12-4:45p (4)
	7:45p-8:45p (4)						
Swim Team	6:30p-7:45p (2)	6:30p-7:45p (2)		6:30p-7:45p (2)			
Swim Lessons	10:30a-12p (1)	5p-7:45p (1)	4:30-7p (1)	5p-7:45p (1)		9a-12p (1)	9a-12p (1)
Water Works	4:30p-6:30p (2)	4:30p-6:30p (2)	4:30p-6:30p (2)				

The number in bold in the parentheses (#) is how many lanes are allocated for the activity

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES

- Due to monthly staff trainings, both pools will close 2 hours early on the following dates: 1/29, 2/5, 2/26 & 3/23
- Guards may close the pool for a 15-minute break
- Both pools are closed 2p-4p Monday Friday

Activities and Descriptions			
Swim Lessons	YMCA Swim Lessons; lap lane availability decreases during swim lessons		
Rentals	Reservation by external organizations or parties		
WaterWorks	Waterworks is a workforce development program designed to train and certify individuals in aquatics and water safety professions		
Swim Team	McCormick Manta Rays Youth Swim Club. Ages 9-12		
Lap Swim	Lanes are first come, first served. Circle swim is required if there are more than two in a lane		



MCCORMICK YMCA FAMILY POOL AQUATICS SCHEDULE

February 1 - March 31, 2025

Schedule for April 1 - June 15, 2025 will be available March 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim		7a-9:30a		7a-9:30a			
Aqua Fitness		9:30a-10:30a		9:30a-10:30a			
Family Swim	4p-8:45p	4p-4:45p 7:30-8:45p	7p-8:45p	4p-4:45p 7:30-8:45p	4p-8:45p	12p-4p 4p-4:45p*	12p-4p 4p-4:45p*
Swim Lessons	8:45a-10:30a	4:45p-7:30p	4:15p-7p	4:45p-7:30p		8:45a-12p	8:45a-12p
Open Swim		10:30a-12p		10:30a-12p	7a-12p	7a-8:45a	7a-8:45a
Pool Parties						4р-6р	4p-6p

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES

- Due to monthly staff trainings, both pools will close 2 hours early on the following dates: 1/29, 2/5, 2/26 & 3/23
- Guards may close the pool for a 15-minute break
- Both pools are closed 2p-4p Monday Friday
- (*) Please call the front desk, if there are no pool parties Family Swim will be till 4:45p

Activities and Descriptions				
Swim Lessons	YMCA Swim Lessons			
Open Swim	Anyone is welcome to attend			
Aqua Fitness	Refreshing fitness experience with dynamic water movements			
Family Swim	All ages may attend; Family Swim is limited to the Family Pool			
Adult Swim	18 years and up; A space for independent exercise, water walking, and leisure swimming			
Pool Parties	Pool parties can be 1hr or 2hrs in the Family Pool with party room included up to 4 hrs			