



MCCORMICK YMCA LAP POOL AQUATICS SCHEDULE

January 6 – March 30, 2025

Schedule for March 31 – June 15, 2025 will be available March 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6a-10:30a (4) 10:30a-12p (3) 12p-2p (4) 2:30p-4:30p (4) 4:30p-6p (2) 6p-6:30p (0) 6:30p-7:45p (2) 7:45p-8:45p (4)	6a-2p (4) 2:30p-4:30p (4) 4:30p-5p (3) 5p-6p (1) 6p-6:30p (0) 6:30p-7:45p (1) 7:45p-8:45p (4)	6a-2p (4) 2:30p-4:30p (4) 4:30p-6:30p (1) 6:30p-7p (3) 7p-8:45p (4)	6a-2p (4) 2:30p-4:30p (4) 4:30p-5p (3) 5p-6p (1) 6p-6:30p (0) 6:30p-7:45p (1) 7:45p-8:45p (4)	6a-2p (4) 2:30p-8:45p (4)	7-9a (4) 9a-12p (3) 12-6:45p (4)	7-9a (4) 9a-12p (3) 12-6:45p (4)
Swim Team	6p-7:45p (2)	6p-7:45p (2)		6p-7:45p (2)			
Swim Lessons	10:30a-12p (1)	5p-7:45p (1)	4:30-7p (1)	5p-7:45p (1)		9a-12p (1)	9a-12p (1)
Water Works	4:30p-6:30p (2)	4:30p-6:30p (2)	4:30p-6:30p (2)				

The number in bold in the parentheses (#) is how many lanes are allocated for the activity

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES

- Due to monthly staff trainings, both pools will close 2 hours early on the following dates: 1/29, 2/5, 2/26 & 3/23
- Guards may close the pool for a 15-minute break
- Both pools are closed 2p-2:30p Monday – Friday

Activities and Descriptions	
Swim Lessons	YMCA Swim Lessons; lap lane availability decreases during swim lessons
Rentals	Reservation by external organizations. Lanes are \$65/hr, members & \$100/hr non-members
WaterWorks	Waterworks is a workforce development program designed to train and certify individuals in aquatics and water safety professions
Swim Team	McCormick Manta Rays Youth Swim Club. Ages 9-12
Lap Swim	Lanes are first come, first served. Circle swim is required if there are more than two in a lane

For additional information or questions, please contact the Aquatics Team at mcyaquatics@ymcachicago.org or 773-235-2525.



MCCORMICK YMCA FAMILY POOL AQUATICS SCHEDULE

January 6 – March 30, 2025

Schedule for March 31 – June 15, 2025 will be available March 24th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Adult Swim		7a-9:30a		7a-9:30a			
Aqua Fitness		9:30a-10:30a		9:30a-10:30a			
Family Swim	2:30p-4p* 4p-8:45p	2:30p-4p* 4p-4:45p 7:30-8:45p	2:30p-4:15p* 7p-8:45p	2:30p-4p* 4p-4:45p 7:30-8:45p	2:30p-4p* 4p-8:45p	12p-4p 4p-6p**	12p-4p 4p-6p**
Swim Lessons	8:45a-10:30a	4:45p-7:30p	4:15p-7p	4:45p-7:30p		8:45a-12p	8:45a-12p
Open Swim	7a-12p	10:30a-12p	7a-12p	10:30a-12p	7a-12p	7a-8:45a	7a-8:45a
Pool Parties						4p-6p	4p-6p

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES

- Due to monthly staff trainings, both pools will close 2 hours early on the following dates: 1/29, 2/5, 2/26 & 3/23
- Guards may close the pool for a 15-minute break
- Both pools are closed 2p-2:30p Monday – Friday
- (*) Due to "CPS – No School" there will be extra Family Swim
- (**) Please call the front desk, if there are no pool parties Family Swim will be till 6p

Activities and Descriptions	
Swim Lessons	YMCA Swim Lessons
Open Swim	Anyone is welcome to attend
Aqua Fitness	Refreshing fitness experience with dynamic water movements
Family Swim	All ages may attend; Family Swim is limited to the Family Pool
Adult Swim	18 years and up; A space for independent exercise, water walking, and leisure swimming
Pool Parties	Pool parties can be 1hr or 2hrs in the Family Pool with party room included up to 4 hrs

For additional information or questions, please contact the Aquatics Team at mcaaquatics@ymcachicago.org or 773-235-2525.