

IRVING PARK YMCA AQUATICS SCHEDULE

December 1st, 2024 - March 31st, 2025

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------------|--|--|---|---|--|--------------------------------|---|
| Pool Hours | 6AM-8:45PM | 6AM-8:45PM | 6AM-8:45PM | 6AM-8:45PM | 6AM-6:45PM | 7:00am- 3pm | 7:00am- 3pm |
| Safety Breaks | 2PM | 8:50AM 2PM | 2PM | 2PM | 2PM | 8:40AM | |
| Group Lessons | 4PM-6:20PM | | | | | 8:50AM- 1:15PM | 8:50AM- 12PM |
| Group Swims | Adult Lap 6AM-10AM | Adult Lap 6AM-8:50AM | Adult Lap 6AM-10AM | Adult Lap 6AM-10AM | Adult Lap 6AM-10AM | Adult Lap 7AM- 8:40AM | Adult Lap 7AM- 10:30AM *Note:@ 8:30am half of the pool will be used for group lessons |
| | Lap Swim 10AM-12pm | Water Aerobics 9am-9:50am | Lap Swim 10AM- 12PM | Lap Swim 10AM- 12PM | Lap Swim 10AM- 12PM | | Open 10:30AM- 12PM *Half of the pool will be used for group lessons |
| | Open 12PM-2PM & 2:30 PM - 3:50PM | Lap Swim 10AM- 12PM | Open 12PM-2PM & 2:30 PM - 3:50PM | Open 12PM-2PM & 2:30 PM - 3:50PM | Open Swim 12-2PM & 230PM- 6:45PM | | Open Swim 12PM-3PM |
| | | Open 12PM-2PM & 2:30PM - 3:50PM | | | | Open Swim 1:15PM- 3PM | |
| Swim Team | Penguins Swim Team 6:30PM-8:45pm | | | | | | |

- **)** Schedule is subject to change.
- **)** Safety Breaks are 10 minutes in length and require all swimmers to exit the pool.
- **)** Private swimming lessons will receive priority access to the pool during regular operating hours.
- Water Aerobics will be based on a first come first serve basis with only 25 participants allowed in class.
- The pool will close for the day at 12:30pm on 12/15/24, 1/19/25, 2/16/25, 3/23/25 for the aquatics staff in-service.
- **)** The pool will be closed on 12/25/24