



INDIAN BOUNDARY YMCA AQUATICS SCHEDULE

FEBRUARY 2025 – MAY 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Pool Hours	5:15am-8:45pm	7:00am-8:45pm	5:15am-8:45pm	7:00am-8:45pm	5:15am-8:00pm	7:00am-4:45pm	9:00am-3:45pm
Water Fitness	Try Ability Rehab 10:00AM – 3:00PM	Aqua Ex 8:15AM-9:15AM	Water Fit 8:15AM – 9:15AM	Aqua Ex 8:15AM-9:15AM	Aqua Ex 5:15PM – 6:15PM	-	-
Group Lessons	5:00PM-6:45PM	5:00PM-7:15PM	5:00PM-6:45PM	5:00PM-5:45pm	-	9:00-11:00am Private Lessons 9:30AM-2:00PM	Private Lessons 9:30AM – 2:30PM
Group Swims	Adult Lap 5:15AM-6:45AM	Adult Lap 7:00AM – 8:00AM	Adult Lap 5:15-7am	Adult Lap 5:15-7am	Adult Lap 5:15AM-6:45AM	Adult Lap 7-8:30am	-
	Senior 9:30AM-10:00AM 12:30PM-1:30PM	Senior 9:30AM - 11:15AM	Senior 12:30PM-1:30PM	Senior 9:30AM - 11:15AM	Senior 8:00AM – 9:15AM 10:00AM – 12:15PM	-	-
Rentals	Hornets Swim Team Mon – Thurs 7:00 – 9:00PM Benet Academy – Mon, Wed, Fri, Sat – 3:45 – 5:00PM SeaSpar Swim Lessons – Tues, Thurs 4:00 – 6:45PM				Hornets Swim Team 6:30 – 8:30PM	Benet Academy 7:00AM – 9:00AM	-

- Schedule is subject to change.
- Pool Closures will take place 2:00-3:30PM Tuesday through Friday
- A limited number of lanes will be available during programming times.
- Safety Breaks are 15 minutes in length and require all swimmers to exit the pool and are held:
 - 9:15-9:30AM Monday through Friday
 - 12:15-12:30PM Mondays Only
 - 3:15-3:30PM Mondays Only
- Private swim lessons will receive priority access to the pools during regular operating hours.

For additional information or questions, please contact Ryan Craig, Regional Aquatics Director at rcraig@ymcachicago.org or 630-929-2428.