

January 2025

	Monday 6am-9pm	Tuesday 6am-9pm	Wednesday 6am-9pm	Thursday 6am-9pm	Friday 6am-9pm	Saturday 7am-7pm	Sunday 7am-7pm
OPEN GYM	6am-2pm Full Court 8pm-9pm Full Court	6am-2pm Full Court	6am-2pm Full Court	6am-2pm Full Court	6am-2pm Full Court 2pm-5pm Half Court	7am-10am Full Court	7am-10am Full Court
		5pm-7pm Half Court		5pm-7pm Half Court		11am-3pm Half Court	11am-3pm Half Court
		7pm-9pm Full Court		7pm-9pm Full Court		3pm-7pm Full Court	3pm-7pm Full Court
PICK-UP BASKETBALL						7am-10am Full Court	7am-10am Full Court
VOLLEYBALL					5:30pm8:45pm Full Court		
FAMILY GYM						10am-3pm Half Court	10am-3pm Half Court

- > Schedule is subject to change and some events may lead to closures.
- > If the gymnasium is unoccupied during times of programs, please confirm usage with the front desk.
- > Family Gym Half of the court will be available specifically for use by families with children under the age of 11. This will be enforced by staff.
- > Pick Up Basketball The divider will be raised so that full court games can be played amongst members.
- > Open Gym The court is open to members or guests during available times.
- > YMCA Programs- Please respect the space being used by our staff and participants during our program times.