



SOUTHSIDE YMCA LAP POOL AQUATICS SCHEDULE

February 1 – April 7, 2025

Schedule for after April 3rd will be available March 27th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6a-10a (4) 10a-11:30p (2) 1:30p-7p (4) 7p-7:45p (3) 7:45p-8:45p (4)	6a-10a (4) 10a-11:30p (3) 1:30-5p (4) 5p-7:45p (1) 7:45p-8:45p (4)	6a-10a (4) 10a-11:30 (3) 1:30p-5p (4) 5p-7:45p (2) 7:45p-8:45p (4)	6a-10a (4) 10a-11:30a (3) 1:30p-5p (4) 5p-7:45p (2) 7:45p-8:45p (4)	6a-10a (4) 10a-11:30a (3) 1:30p-4:30p (4) 4:30p-7p (3) 7p-8:45p (4)	7a-9a (4) 9a-1:45p (3) 1:45p-2:45p (4)	7a-9a (4) 9a-12p (3) 12-2:45p (4)
Aqua Fitness	10a- 10:45a (2) 7p- 7:45p (2)	10a- 10:45a (2) 7p- 7:45p (2)	10a- 10:45a (2) 7p- 7:45p (2)	10a- 10:45a (2) 7p- 7:45p (2)			
Open Swim	6a-10a (1) 1:30p-7p (1) 7:45p-8:45p (1)	6a-10a (1) 10p-11:30p (1) 1:30p-7p (1) 7:45p-8:45p (1)	6a-10a (1) 1:30p-7p (1) 7:45p-8:45p (1)	6a-10a (1) 1:30p-7p (1) 7:45p-8:45p (1)	6a-11:30a (1) 1:30p-8:45p (1)	7a-2:45p (1)	7a-2:45p (1)
Swim Lessons	9a-11:30p (1)	5p-7:30p (1)		5p-7:30p (1)	4:30p-7p (1)	9a-1:45p (1)	9a-12p (1)

The number in parentheses (#) is how many lanes are allocated for the activity

- **Aqua Fitness Classes Require Registration**
- **Swim Lessons Require Registration**
- **Pool Closed 11:30-1:30p Monday-Friday**

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES



SOUTHSIDE YMCA FAMILY POOL AQUATICS SCHEDULE

February 1 – April 7, 2025

Schedule for after April 3rd will be available March 27th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim	6p-8p	12p-4p	5p-8:45p	6p-8p	1p-2p	1:45p-2:45p	12p-2:45p
Swim Lessons	9a- 10:45a	5p- 7:30p		5p- 7:30p	4:30p- 7p	9a- 1:45p	9a-12p
Pool Parties	Ask About Availability	Ask About Availability	Ask About Availability	Ask About Availability	Ask About Availability	Ask About Availability	Ask About Availability

SCHEDULE IS SUBJECT TO PRIVATE LESSONS, RENTALS AND OPERATIONAL VARIABLES

Activities and Descriptions	
Swim Lessons	YMCA Swim Lessons; lap lane availability decreases during swim lessons
Private Swim Lesson	YMCA private swim lessons; Based on availability, please inquire
Rentals	Reservation by external organizations. Lanes are \$60/hr, members & \$85/hr non-members
Aqua Fitness	Refreshing fitness experience with dynamic water movements
Lap Swim	Lanes are first come, first served. Circle swim is required if there are more than two in a lane
Open Swim	Anyone is welcome to attend! Swim, Play Or Exercise.
Family Swim	All ages may attend; Family Swim is limited to the Family Pool
Adult Swim	18 years and up; A space for independent exercise, water walking, and leisure swimming
Pool Parties	Pool parties can be 1hr or 2hrs in the Family Pool

For additional information or questions, please contact the Aquatics Team at southsideaquatics@ymcachicago.org or 773-947-0700.
ymcachicago.org/south-side