

WOMEN'S WEEKEND SCHEDULE 2024

"Nature is painting for us, day by day, pictures of infinite beauty."

-John Ruskin



Thursday, October 3

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| 4:00PM-7:00PM Arrival Welcome Center | Welcome to Camp! Receive the Welcome Packet with the final schedule. Unpack, unwind, and get ready for a rejuvenating weekend. We are SO glad you are here! |
| 7:00PM-8:00PM Welcome Reception South Camp Lodge | Join us for popcorn and hot cider and meet fellow campers! We will share some program details like locations, at this time too. <u>Sign-ups will be moved to South Camp Lodge for this hour then back to the Welcome Center.</u> |

Friday, October 4

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| 6:30AM Sunrise Lake Ride North Camp Beach | Begin the day with a serene Camp Nawakwa experience. Be rewarded for your early morning effort with the spectacle of sunrise on Big Crooked Lake. Pajamas, blankets, coffee, or tea are encouraged to stay warm! Sunrise will approximately be at 7:02AM. There's room for 20 total, so please sign up! |
| 9:30AM Kayak/Canoe Trip North Camp Beach | Hop in a kayak or in a canoe with a friend and paddle your way to Sunfish Lake! This is a small lake connected to Big Crooked Lake by a channel & is a quiet paddle over. Don't forget to bring a bottle of water and your camera. This is a staff-led activity, so we'll depart from North Camp. You can join us from South Camp too! |
| 12:00PM Pontoon Lake Ride North Camp Beach | Enjoy a relaxing pontoon ride around the big and crooked lake. Feel free to bring snacks or your lunch and enjoy time out on the water! There's room for 20 total, so please sign up! We will be back by 1pm. |
| 1:00PM Urban Sketching Welcome Center | Join Kathi Wilson for an introduction to Urban Sketching ...an international art movement. Think of your sketch as a creative journal, except using watercolors, pencils, and pens. No need to fear...complete art novices will be delighted with this quick and charming method of drawing. All materials are supplied |
| 1:00PM-3:00PM Camp Store Open Welcome Center basement | Browse through Camp Nawakwa apparel & other necessities you may need! |
| 3:00PM Yoga with Betsy South Camp Lodge | Betsy Schussler, Yoga teacher and Women's Weekend treasure, has been guiding WW participants in this restorative practice since 2013. Whether new to yoga or a practicing yogi, a session with Betsy brings the promise of a sense of renewal to mind, body and spirit. We recommend bringing a mat, blanket, or towel. |
| 6:00PM Dinner Bridge Builder | Enjoy chatting with each other over dinner. Hot tea, water, or soda drinks will be provided. We will also be taking a group photo at this time too! |
| 7:30PM Guest Speaker Bridge Builder | Carol Amour & Doreen Wawronowicz (co-founders of Waaswaaganing Institute of Indigenous Teaching & Learning) will be sharing their efforts, plans, & dreams regarding the <i>Tribute to Survival</i> exhibit in Milwaukee. Let their story inspire you & your dreams! |

****Schedule is subject to change due to weather****

Saturday, October 5

6:30AM
Sunrise Lake Ride
North Camp Beach
Begin the day with a serene Camp Nawakwa experience. Be rewarded for your early morning effort with the spectacle of sunrise on Big Crooked Lake. Pajamas, blankets, coffee, or tea are encouraged to stay warm! Sunrise will approximately be at 7:03AM. **There's room for 20 total, so please sign up!**

9:30 AM
Nature Hike
Jordan's Pavilion
Take in the beauty of Nawakwa's forest with a relaxed group hike through the woods! It is advised to wear good walking shoes and pants. We will hike to South Camp and back for about an hour hike on our NEW Centennial Loop.

11:00AM
Yoga with Betsy
South Camp Lodge
Betsy Schussler, Yoga teacher and Women's Weekend treasure, has been guiding WW participants in this restorative practice since 2013. Whether new to yoga or a practicing yogi, a session with Betsy brings the promise of a sense of renewal to mind, body and spirit. **We recommend bringing a mat, blanket, or towel.**

12:30PM-1:30PM
Lunch
Bridge Builder
Enjoy chatting with each other over lunch! Hot tea, water, or soda will be provided.

1:30PM-3:30PM
Camp Store Open
Welcome Center
basement
Browse through Camp Nawakwa apparel & other necessities you may need!

2:30PM
Urban Sketching
Welcome Center
Join Kathi Wilson for an introduction to **Urban Sketching**...an international art movement. Think of your sketch as a creative journal, except using watercolors, pencils, and pens. No need to fear...complete art novices will be delighted with this quick and charming method of drawing. All materials are supplied.

3:30PM
Pontoon Lake Ride
North Camp Beach
Enjoy a relaxing pontoon ride around the big and crooked lake. **There's room for 20 total, so please sign up!**

4:30PM
Forest Bathing
Meet at Bridge Builder
Enjoy a quiet experience awakening the senses to Nawakwa's beautiful forest. You will emerge feeling peaceful. There's no water involved!

6:00PM
Sunset Lake Ride
North Camp Beach
Enjoy a relaxing pontoon ride around the big and crooked lake. Sunset will approximately be at 6:30PM. **There's room for 20 total, so please sign up!**

7:30PM
Campfire & Fellowship
North Camp Beach
Join us for a campfire and smore's or feel free to retreat to your cabin for a final evening with your group. Bring a lawn chair if you have one so we can gather around the fire.

Sunday, October 6

6:30AM
Sunrise Lake Tour
North Camp Beach
Begin the day with a serene Camp Nawakwa experience. Be rewarded for your early morning effort with the spectacle of sunrise on Big Crooked Lake. Pajamas, blankets, coffee, or tea are encouraged to stay warm! Sunrise will approximately be at 7:05AM. **We have 2 pontoons with room for 20 campers total, so sign up!**

10:00 AM
Check Out
Welcome Center
We look forward to seeing you next year, drive home safely!
Please fill out the evaluation form found in your Welcome Packet & leave it in the basket at the Welcome Center before departure.
2025 dates are September 25th-28th

****Schedule is subject to change due to weather****

Self-Guided Activities Open all Weekend.

Please return equipment back where you picked them up 😊

- Bags/Cornhole (outside ping pong pavilion)
- Pickleball (equipment at court)
- Basketball (equipment at court)
- Volleyball (equipment at court)
- Kayaking
- Canoeing
- Rowboats
- Standup paddle boards
- Hiking (we have 2 trails! Ask staff for directions)
- Fishing
- Ping pong (equipment located in pavilion)
- Puzzles, board games, books (Welcome Center cabinets)
- Tea & Chocolate Bar (Bridge Builder)
- Complimentary coffee available in Welcome Center