

2025 DAY CAMP PLANNING GUIDE



YMCA CAMP DUNCAN

32405 N. Hwy. 12

Ingleside, IL 60041

YMCACAMPDUNCAN.ORG

Phone: 847.546.8086

Day Camp Cell Phone:

847.812.5458



Dear Campers and Families,

Welcome to YMCA Camp Duncan! Thank you for the opportunity to be a part of your child's life this summer. Camp is a special place that provides positive growth experiences and teaches campers to live by the values of Caring, Honesty, Respect, and Responsibility.

YMCA Camp Duncan has a well-trained and educated staff, accustomed to making campers feel welcome. The information in this Planning Guide is very important! It is our hope that this information will help you and your child prepare for an amazing experience.

Please complete the three forms enclosed. All forms need to be uploaded before your child's first day. Campers are not able to be checked in without completed paperwork.

- 1. Participant Emergency Information Packet**
- 2. Payment Policy Form**
- 3. Sign In/Out Policy Form**

Thank you for your attention to these IMPORTANT details. If you have any questions, call the camp office at 847.546.8086. We look forward to serving you and your camper!

**Peggy Aylmer
Day Camp Director
YMCA CAMP DUNCAN
32405 N. Hwy. 12, Ingleside, IL 60041
Phone: 847.410.5250
Day Camp Cell Phone :847.812.5458
Email: paylmer@ymcachicago.org**

**INFORMATIONAL OPEN HOUSE
Sunday, March 9, 2025
Sunday, April 27, 2025
Visit ymcacampduncan.org for details**



CHECK OUT YMCA CAMP DUNCAN'S KIDS DAY OUT PROGRAM

Camp Duncan is open all year offering fun programs for kids on days they have off school, including Winter Camp and Spring Break Camp! Contact Peggy at 847.410.5250 or by email at paylmer@ymcachicago.org for more information.

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CAMP'S MISSION AND VALUES

At YMCA Camp Duncan, we seek to provide safe, fun, creative and challenging camping opportunities that foster individual and family growth in areas of self-worth, responsibility, self-expression, independence, leadership, environmental awareness, and values. Our mission and the YMCA's four core values are the foundation for all that we do here at Camp Duncan. Both govern our day-to-day lives and are the basis for all rules and requirements established at camp. It is important that all campers and staff strive to teach, practice, and model the values of Caring, Honesty, Respect, and Responsibility each day. Please check for any updates via email regarding Summer 2024.

CAMP OPERATIONS

HOURS OF OPERATION

- Camp Program: 8:30 a.m. – 4 p.m., Monday through Friday.
- Extended Care is available at no additional charge: 6:30 a.m. – 6 p.m.
- Parents/Guardians must sign in and sign out campers at check-in and check-out

CHECK-IN/CHECK-OUT PROCEDURES

- Check-in team is in place from 6:30 a.m. until 8:30 a.m.
- If you are dropping off late, please call or text the Day Camp cellphone number.
- If your camper is dropped off more than 15 minutes late, your camper will hang out in pavilion 1 until the second activity starts, or we are able to walk your camper to their first activity. We cannot guarantee that we are always available to drive multiple campers to different locations.
- Please remain in vehicle when checking in/out camper.
- Campers are dropped off and picked up at the designated Day Camp location.
- At the check-in point, a parent/guardian signs his/her camper in, and camper exits vehicle.
- Check-out team is in place from 4 p.m. until 6 p.m.
- If during the check-in or check-out process you need to talk to the director or to help your child, please pull your car forward out of the line so check-in/out can continue.
- We reserve the right to dismiss a camper from our program who is repeatedly picked up late.
- At check-out, parent/guardian at least 18 years of age must show a valid photo ID.
 - At check-out, if the parent/guardian does not have a valid photo ID, the camper cannot be released until a valid photo ID is shown to Day Camp staff member.
 - A parent/guardian signs each camper out and then camp staff notifies staff in the pick-up locations that the camper's parent/guardian has arrived.
 - A staff member escorts each camper to his/her car.
- "Early pick-ups" (before 4:00 p.m.): Please call the Day Camp cell phone or camp office before early arrival to ensure that campers are ready when their ride arrives.
- Unannounced early pick-ups are highly discouraged, as they are often disruptive to the group and cause the caregiver to wait unnecessarily.



RELEASE OF CAMPERS

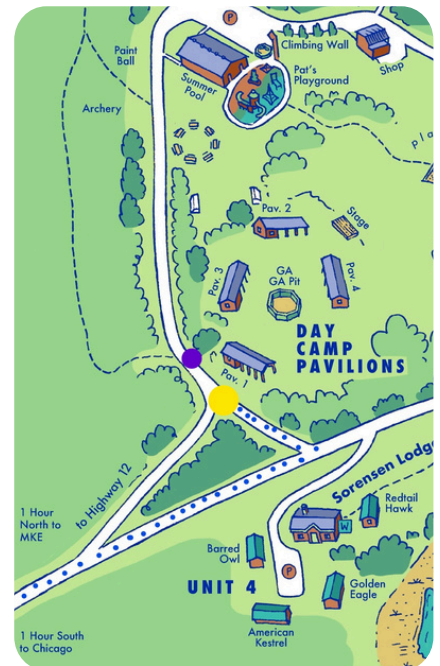
- Each family is issued two rearview mirror hang tags on their camper's first day at drop off.
- These tags indicate to camp staff that the adult in the vehicle is authorized to pick up the camper.
- Adults without identification tags are asked for photo identification.
- Staff check valid photo ID against the camper's release form.
- Campers are not released to unauthorized adults.
- Campers are not released to authorized adults without a valid photo ID or who are not at least 18 years of age.

NOTE: For safety reasons, additions to the camper release form must be made in person with the Day Camp Director. No phone-in additions are accepted.

TRANSPORTATION POLICIES ON CAMP

Parents of campers are asked to adhere to the following policies:

- The speed limit throughout the entire camp property is 15 m.p.h.
- Drivers are to stay on the camp roads at all times.
- Drivers are to take extra caution; be aware of children in camp.
- Campers may not cross traffic when arriving or departing.
- Please respect camp staff with reminders of camp policies.
- For any parents who wish to park, please park in the designated parking area for everyone's safety and to allow flow of traffic to continue. Please remain in your vehicle.
- For the safety of all campers, we reserve the right to dismiss a camper from the program if his or her parent/guardian does not obey the speed limit or other transportation policies.



CAMP ACTIVITIES



SAMPLE DAILY DAY CAMP SCHEDULE	
6:30-8:15 a.m.	Check-In / Supervised Free Time
8:20-8:35 a.m.	Morning Circle (Announcements, sunscreen, bug spray, etc.)
8:45-9:35 a.m.	Activity #1
9:45-10:35 a.m.	Activity #2
10:45-11:35 a.m.	Snack (camper brings) / Activity #3
11:45-12:35 p.m.	Activity #4
12:45-1:15 p.m.	Lunch (camper brings) / Healthy Kids Club
1:30-2:30 p.m.	Choice Period #1
2:40-3:40 p.m.	Choice Period #2
3:40-4:00 p.m.	Pack & Snack (Camp provides)
4:00-6:00 p.m.	Check-Out / Supervised Free Time

EXAMPLE ACTIVITIES
Archery
Hiking
Arts & Crafts
Parachute Games
4-Square
Gaga Ball
Climbing Tower*
Teams Course
Boating*
Blobbering*
Group Games
Playground
High Ropes Course*
Zip Line*
Fishing
Swimming (in pool)
Talent Show
* Activities are dependent on age and swim ability. Staff are trained to plan activities based on age, skill, and camper choice.

Camper to Counselor Ratios		
AGE	STAFF	CAMPERS
5	1	6
6-8	1	8
9-13	1	10



WHAT TO BRING TO CAMP

LUNCH, SNACKS, AND DRINKS

- We ask each camper to bring a healthy lunch (nut free) and drink daily.
- Please label camper's lunch with camper's full name.
- Lunches are not refrigerated.
- Please do not send glass bottles or containers.
- Campers are encouraged to bring a morning snack.
- Many parents freeze the water bottle to keep water cool.
- An afternoon snack is provided by the camp daily

****IMPORTANT: We strive to be a PEANUT FREE camp! Please do not send anything that contains nuts with your camper. – Campers and staff with nut allergies thank you!**



Check out Planning with Peggy to help pack your camper's bag!

ITEMS TO BRING DAILY	ITEMS TO LEAVE AT HOME
✓ Change of Clothes	✗ Cellphone/Electronics**
✓ Towel	✗ Smart Watches**
✓ Bug Spray	✗ Pokémon Cards/Trading Cards
✓ Sunscreen	✗ Toys/Action Figures
✓ Lunch	✗ Jewelry
✓ Water Bottle	
✓ Closed Toed Shoes	
✓ Swimsuit*	

HEALTHY KIDS PACK HEALTHY LUNCHES:

- Yogurt
- Fruit
- Veggies
- 100% Fruit Juice
- Graham Crackers
- String Cheese
- Applesauce
- Popcorn
- Animal Crackers
- Popcorn
- Animal Crackers
- Sandwich
- Pretzels
- Goldfish



CAMPER STORE ACCOUNT

The camp store is where campers can purchase snacks and souvenirs to take home! The camp store is open every day camp is held, and campers have the opportunity to go to the store each day.

- Spending money is deposited into camper's account through the online portal.
- For Store Accounts, credit cards will be run at the time of registration for the total amount for all weeks registered.
- A separate store balance must be added for each session; funds do not carry over from week to week.

Store Items

- Snacks and candy are available for \$1.00-\$2.00.
- T-shirts (\$10 - \$15), sweatshirts (\$25-\$35), jewelry (\$2-\$10), toys, stuffed animals (\$4-\$20), etc. are also available at the camp store.
- Camp fees and store money **MUST** be separate checks.



SWIMMING & BOATING EVALUATIONS

Each camper's swimming ability will be evaluated during our first trip to the pool by the Aquatic staff and lifeguards. Everyone who swims during their stay at camp must have a swimming assessment. Everyone who enters the lake or does boating must wear a PFD, not matter what their swim skills are.

Our swim test is broken down into three levels: Blue, White and Red. Blue being the chip that we try to have campers work towards!



CHIP	TEST	LAKE	POOL	BLOB
RED	Have the ability to float on back in a PFD (personal floatation device) for 10 seconds	Campers are allowed to take out a power paddler or a corcl by themselves. They can take out a double kayak, canoe, or peddle boat if they are accompanied by a counselor or a blue-chip camper.	Red chip campers are allowed to swim in the area from the start of the shallow end to the flags placed above the pool (3-foot area), or up to their shoulders in the white chip area.	To go on the blob, a red chip camper must take the blob test: Be able to jump into deep end of pool wearing a PFD, recover, and swim out of the deep end without assistance.
WHITE	Swim 2 lengths any stroke, have the ability to jump into the deep end in a PFD and recover on their own then swim on back to shallow end, and tread water for 1 minute.	Campers are only allowed to take out a power paddler or corcl by themselves. They can take out any 2+ person boat with another white chip or a blue chip. Campers cannot take out a 2-person boat with a red chip.	White chip campers can swim anywhere up to the buoys (5-foot area) of the pool. They cannot swim in the deep end.	All white chip campers can go blobbing.
BLUE	Swim 3 lengths any stroke, have the ability to jump into the deep end in a PFD and recover on their own then swim on back to shallow end, and tread water for 2 minutes.	Blue chip campers can take out any boat.	Blue chip campers can swim in all parts of the pool.	All blue chip campers can go blobbing.



CAMPER HEALTH

DAY CAMP SPECIFIC AREA CLEANING AND SAFETY PROTOCOLS

- Camp staff will complete a Daily Sanitation Checklist
- Curbside drop off/pick up and sign in/out procedures
- Provide as much outdoor air as possible
- Children who become sick at camp are sent home as soon as possible or kept in an isolated area until they are picked up.

Please check for any updates via email regarding Summer 2025.

SUNSCREEN/BUG REPELLENT

- Camp Duncan does not provide sunscreen/bug spray. Each camper should be sent to camp with their own bottle of sunscreen/bug spray.
- Please label your camper's sunscreen/bug spray bottle.
- Staff will remind campers to apply sunscreen/bug repellent throughout the day.
- Staff cannot apply sunscreen to your child unless the parent/guardian completes Sunscreen Authorization section in the Participant Emergency Information Packet. Staff may then apply sunscreen that is provided and labeled with the child's name.
- Please stress the importance of sunscreen application with your child before camp begins.
- Sunscreen should be applied to your child before they arrive at camp every morning.



HEALTH HISTORY

The Participant Emergency Information Packet must be completed in full and signed by the camper's parent/guardian.

- Campers are not permitted to check-in at camp without their signed Participant Emergency Information Packet on file.
- Indicate medical/special needs on the health history portion of the form; notify the Day Camp Director about child's non-medical special needs. This is important in order for our staff to be successful in helping your camper have a positive camp experience.
- Parent/Guardian must sign the medical release portion of the form. In the event of a medical emergency, the hospital must have a signed form before they will care for a camper.
- Parent/Guardian must include the date of the camper's last tetanus shot.
- With each camper's welfare in mind, we ask that parents not send a camper to camp if he/she is sick and/or running a fever. If a camper becomes sick while at camp, the Day Camp Director contacts the parent/guardian or emergency contact to pick up the camper.

HOW TO REQUEST DISABILITY MODIFICATION?

If you require a modification due to a disability to participate in any of our programs, please inform camp staff at the time of enrollment, and make sure to select the request on your enrollment paperwork so that a member of our Inclusion team can reach out to you. Questions? Email inclusion@ymcachicago.org

MEDICATIONS

- All medication (including prescription, over the counter, etc.) must be given to the Day Camp Director and must be noted on the health form.
- A Request to Dispense Medication form must be completed at camp when you drop your camper off.
- All medications must be sent in original container, with the doctor's instructions and with the name of the drug, the purpose, the dosage, and the frequency on the medication container. Medication brought to camp not in its original container cannot be distributed by the Day Camp Director.
- All medications are kept and dispensed by the Day Camp Director.



SEVERE WEATHER/LIGHTNING PREDICTION SYSTEM



As you are aware, lightning is a severe hazard, and we take the threat of lightning very seriously. The Thor Guard unit is a predictive system that warns us of the risk of lightning in a two-mile radius based on electrical energy in the air. When there is a significant risk, Thor Guard will sound a fifteen-second-long warning blast. This is a signal for a suspension of all outdoor activities and for everyone to take cover in safe areas—the pavilions, pool locker rooms, or the Main Lodge, for example—until the all-clear is sounded. The all-clear signal is three independent five second blasts.

CAMPER POLICIES AND REQUIREMENTS

Please read the following pages very carefully and feel free to contact Camp Duncan with any questions.

CAMPER DRESS

1. Attire should be protective and allow for your camper to participate fully in camp activities.
2. Clothing should stay put and not ride up or fall down even when campers are running, jumping, and playing.
3. We encourage wearing shirts with sleeves for sun protection.
4. Campers' clothing should be something that you do not mind getting dirty, sweaty, or crafty.
5. Campers' clothing should reflect good taste and concern for the values and standards of other campers.

Inappropriate dress includes but is not limited to the following:

- Clothing promoting alcohol, drugs, or tobacco products
- Clothing with offensive content such as vulgar language, sexual images or statements, or depictions of violence
- Two piece swimsuits (Explorer campers are exception)
- Provocative clothing
- Shirts that expose the midriff or side of body (“cut-off” t-shirts)

Campers may be asked to change if their clothes are deemed inappropriate.



CORPORAL PUNISHMENT

YMCA Camp Duncan DOES NOT subscribe to corporal punishment as a means to discipline campers.

CIVIL DISOBEDIENCE OR CAMPER DISRUPTION

Any camper conduct, either individually or in a group, that is intentionally disruptive to or designed to be disruptive to the normal operation of the camp program may result in being sent home early from camp.

Such conduct includes, but is not limited to the following:

- Destruction of camp property, or advocating such destruction
- Vandalism of camp property
- Refusing to cooperate with camp staff attempting to maintain or restore order in the group and/or program activity
- Consistently starting fights or arguments in group and/or program activity
- Physically harming another camper and/or threatening another camper with physical harm

These campers are disciplined and parents are contacted by the Day Camp Director.

DANGEROUS WEAPONS

Items that campers bring to camp that are designed to cause bodily harm or deemed potentially harmful, are confiscated. The parents/guardians are contacted. Bringing such items to camp may result in campers being sent home early from camp. All types of knives and dangerous items **MUST** be kept off the camp property. Once an item is confiscated by the Day Camp Director, it is not returned to the camper but to the parent/guardian at check-out time.

DECEITFUL ACTIVITY

Any camper who lies to or deceives a camp staff person is subject to disciplinary action and removal from camp program.

DRINKING AND DRUGS

Zero Tolerance Policy = camper automatically sent home.

Alcohol and drugs have absolutely **NO** place at camp! Positively no alcohol, drugs, or controlled substances (including e-cigarettes, vaping devices, and other similar substances) are to be carried onto the camp property. Any camper in possession of alcohol, drugs, or a controlled substance is sent home immediately. In the event alcohol, drugs, or a controlled substance are found, the items are confiscated and the camper’s parent/guardian is contacted by the Camp Director to pick up their camper immediately, no matter the time of day.

FALSELY REPORTED EMERGENCY CALLS AND FIRE ALARMS

Any camper setting off a fire alarm, fire extinguisher, tampering with smoke detector or using any phone to falsely report an emergency to 911 is subject to disciplinary action.

FIGHTING

YMCA Camp Duncan does not tolerate campers who harm other campers. Physical or verbal fighting, degrading, demeaning, threatening other campers or staff, or making fun of others is not allowed. Any camper involved in fighting is subject to discipline and may be sent home. The parent/guardian is contacted by the Day Camp Director.

GAMBLING

No games of chance may be played on the camp property or at any off-site camp function. Playing cards for money or exchange of personal items, dice playing, or any other forms of gambling are not allowed at camp. Campers who violate this policy are subject to disciplinary action.

GANGS

Campers must refrain from any gang related activity while at camp. No camper shall:

1. Wear, possess, use, distribute, display or sell clothing, jewelry, emblem, badge, symbol, sign or other things which are evidence of membership or affiliation in a gang.
2. Commit any act or omission, or use any speech, either verbal or non-verbal (gestures, handshakes, etc.) showing membership or affiliation in a gang.

Any camper who violates this policy is subject to disciplinary action and parent/guardian are contacted by the Day Camp Director.

GUM CHEWING

Gum chewing contributes to higher maintenance costs, creates unsanitary conditions, and has a negative effect on camp decorum, other peoples' clothes, shoes, and hair. For these reasons, gum chewing at camp is not allowed at any time.

INTIMIDATION / BULLYING

Any camper or group of campers found to be harassing, making fun of, or intimidating another camper is subject to disciplinary actions, and may be sent home.

LOST & FOUND

When sending campers to camp, please mark all belongings with his/her full name. Lost & found items will be discarded or donated every two weeks.

OBSCENITY

Obscene, profane or vulgar language written, oral, or expressed by symbols is not tolerated. Being respectful to staff and other campers is important and expected. Any camper who violates this policy is subject to disciplinary action, including calling home to tell their parent/guardian what language was used, or being sent home early for the day.



CELL PHONES/TABLETS/SMART WATCHES

Cell phones and Tablets have no place at camp. Campers are too busy with camp programs and activities, and camp is a great place to be “unplugged”! Please do not send these items to camp. If parents/guardians need to contact their camper during the session, they are asked to call the camp office or Day Camp cell phone (number given in session flyer) and talk to the Day Camp Director.



SEARCH AND SEIZURE

Camp Duncan administration staff reserve the right to search a staff or camper’s property, either by themselves or with the aid of law enforcement officials, if the camp staff deem the search is necessary to maintain the integrity of the camp’s environment and/or the protection of the other staff or campers. These searches may or may not include the use of specially trained dogs.

SOCIAL CONDUCT

At camp, camper conduct should reflect concern for others. Camp is the wrong place for any type of public display of affection. Intimate physical contact is treated as a disciplinary matter.

STEALING

Stealing is a violation of Illinois law. A camper who steals camp property, another camper’s belongings, or a staff person’s belongings is subject to disciplinary action. Stealing may result in a camper being sent home early from camp. The Day Camp Director contacts parents/guardian immediately.

VANDALISM

Campers committing acts of vandalism or malicious mischief either against the camp property or against another camper or staff are disciplined immediately. Vandalism includes any kind of graffiti on camp walls, picnic tables, bathroom stalls, etc. The parent/guardian is contacted immediately. Violation of this policy may result in the camper being sent home early from camp. Payment to repair any damage accrued as a result of the vandalism is the responsibility of the camper’s parent/guardian.

BEHAVIOR MANAGEMENT POLICY

YMCA Camp Duncan’s Behavior Management Policy compliments our program by assuring that each camper is safe, learns, grows, and has FUN! The Behavior Management Policy encourages appropriate behavior by positively reinforcing good behaviors. Discipline is carried out in a way that helps a camper develop self-control and assume responsibility for his/her own behavior. The discipline balances firmness and kindness. The policy is based on three overall rules:

1. A camper may not disturb or hurt others; verbally, physically.
2. A camper may not damage equipment or camp property.
3. A camper may not place himself/herself in a dangerous situation.

In the event of a major infraction of the rules, the Day Camp Director will contact parents/guardian and the camper may be sent home. Refunds are not given for campers sent home for disciplinary reasons. The parent/guardian is responsible to provide transportation home in the event the camper is removed from the camp program.

CHARACTER COUNTS: CREATING COMMUNITY

Camper rules are rooted in the four core values that we feel everyone can practice and model: CARING, HONESTY, RESPECT, and RESPONSIBILITY

CARING

- We care about each other’s feelings. We do not tease or make fun!
- We take care of camp equipment so that others can enjoy it too.
- We care for the Camp Duncan property by keeping it litter free.
- We take care of our bodies: NO smoking, alcohol, or drugs!
- We care for others by keeping hands and feet to ourselves.

We do not hit, kick, push, or horseplay.

HONESTY

- We try our best to always tell the truth.
- We treat each other fairly.
- We are honest with ourselves and ask for help when we need it.
- We try to do the right thing without being told or asked.

RESPECT

- We listen to our counselors and other staff members.
- We follow directions the first time given when asked to do something.
- We speak to each other nicely and with respect.
- We ask before touching or taking someone else’s belongings.

RESPONSIBILITY

- We come to camp prepared by bringing what we need.
- We leave money, video games, radios, gum, trading cards, cell phones, smart watches, tablets, make-up, and nail polish at home.
- We only talk about appropriate topics and use appropriate language.
- We stay with our group where our counselors can see us.
- We ask permission if we need to leave the group for any reason.



DAY CAMP DATES & RATES

REGISTRATION DEADLINE	FULL-TIME	PART-TIME
Register by February 18	\$275	\$220
Register after February 18	\$285	\$230
Register Thursday or later of week before start date	300	\$235



2024 DAY CAMP SESSION DATES

Session 1: June 2-6

Session 2: June 9-13

Session 3: June 16-20

Session 4: June 23-27

Session 5: June 30-July 2 (Part Time Only)

Session 6: July 7-11

Session 7: July 14-18

Session 8: July 21-25

Session 9: July 28-August 1

Session 10: August 5-8

Post-camp: August 11-15



REGISTRATION, PAYMENT OF FEES, AND CANCELLATION POLICY

1. Campers must be registered prior to the first day of each session.

2. The \$30.00 deposit per session is non-refundable and non-transferable.

3. Parents/Guardians of campers not registered for camp will be sent to the Main Office to determine if space is available and to pay necessary fees.

4. Balance of fees must be paid by the Monday prior to the first day of the session starting. Campers whose fees are not paid by the Wednesday of the week prior to the session starting will have their registration cancelled. Cancelled registrations will forfeit the nonrefundable deposit and will be moved to the bottom of any active waitlist.

5. After initial registration, you must email campduncan@ymcachicago.org to add/cancel any sessions. No session add-ons will be accepted by staff at check-in or check-out.

6. Cancellations must be made by the Wednesday prior to the camp session starting. To cancel your day camp session, email campduncan@ymcachicago.org. Deposits are nonrefundable at any time and session payments are nonrefundable after this cut-off date.

7. Parents/Guardians will be responsible to pay for any balance of camp fees for the current session if a cancellation is made after Monday of the session. Failure to notify the Main Office of your cancellation will also result in a forfeit of your already paid camp fees.

8. Refunds and credits are issued for medical reasons only and are issued upon receipt of a licensed medical doctor's written authorized medical statement.

9. Refunds are not issued for campers going home early due to disciplinary action or homesickness.

10. There is no reduction of fees or credit given for days not attended within your day camp session.

11. The parent/guardian who registers a child is responsible for payment of fees. If custodial payment agreements are legally in place, it is the responsibility of the parent who registers the child to see that these payment agreements are followed through upon, or must personally see that fees are paid in full the first day of the camp session.

12. Sessions added after Wednesday of the week before the desired session are subject to the late fee. (Full time = \$300)

13. Failure to fulfill camp payment for two weeks (does not need to be consecutive), the child(ren) may be removed from the Day Camp program for the rest of the year.

IMPORTANT FORMS TO UPLOAD BEFORE CAMP CHECKLIST

Please check to make sure that you have all these forms completed and turned in on or before (preferred) the first day of your camper's session. Full payment and all completed forms must be received on the first day of camp in order for your camper to attend.

1. Participant Emergency Information Packet:

All campers must have a completed packet to attend camp. Please fill out the forms completely. Sign and date the Parents/Guardians Authorization sections. Incomplete or unsigned health forms are not accepted and may result in your camper not being able to stay at camp. Carefully read through the following sections of this packet:

Authorized Adults to Pick-Up:

This section needs to be completed and signed by a parent/guardian. This form indicates to whom your camper may be released. Please note we cannot release campers to anyone other than those who are on this form. Parents: please don't forget to put yourselves on the Release Form.

Health History:

These forms are confidential; only the Executive Director and Day Camp Director will see these forms. Campers are not allowed to see other campers' sheets. Counselors will be informed of any medical or special needs.

Talent Release:

Please review and sign. If you choose not to sign this section, photos/videos/etc. of your camper will not be used in any promotional material.

Facility Use Waiver:

This is a waiver each camper needs on file to be at camp.

Authorization for Sunscreen: Please review and sign if you would like to authorize YMCA staff to help your child re-apply sunscreen throughout the day.

2. Day Camp Sign In/Out Policy Form: Review, sign, and upload.

3. Day Camp Payment Policy Form: Review, sign, and upload.

4. Camper Confidential: This information sheet is given to your camper's counselor(s) to help them meet your camper's goals and expectations most effectively. Please complete and sign this form. These forms are confidential, only the counselor(s), Day Camp Director, and Assistant Program Director will see these forms. Campers are not allowed to see other campers' sheets.

Y METRO DIVERSITY & INCLUSION STATEMENT

The YMCA of Metropolitan Chicago believes that everyone regardless of ability, race, gender, income, faith, or sexual orientation has the right to live life to the fullest and enjoy the Y's programs and facilities. Moreover, the principles of diversity, equity, and inclusion inform every aspect of our Association--including staff hiring and training, strategic planning, program offerings, and more. We are committed to deepening our work in this area to ensure that every segment of society feels welcome and supported by the Y.